

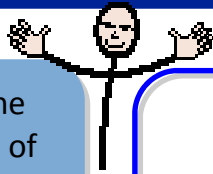
Voicemail

The

CARE SOLUTIONS
GROUP

Service User Newsletter

February 2009



Welcome to Voicemail - the newsletter for Service Users of the Care Solutions Group. It will report on some of your holidays events, achievements and news from the last 3 months.

If you would like to have a story included in the next issue please send it to me. With your help the newsletter will be bigger and packed full of interesting articles that everyone will enjoy reading.

Please give your story to your support worker or email it to: david@caresolutionsgroup.com

'Karate kid' scoops big prize

Congratulations to Andrew from Husbands Bosworth who has won an international karate competition. The event, which was in Leicester on the 3rd of November, had competitors from as far away as Sweden. Andrew won 1st prize in one of his events and came 3rd in another.

Andrew, who goes to karate lessons every Wednesday, also won his orange belt in December and plans to win his green championship belt later this year.



Look out for...

...more easy-to-read books and posters coming soon all about things that will help you. If you want an easy-to-read book about something special just ask your support worker who will try to get it for you.



College is a big hit with Birch House



Several individuals at the Birch House Supported Living scheme are studying at Bedford College.

Martin studies ICT and Presentation, Numeracy & Literacy, Community & Citizenship and Craft & Enterprise. Martin goes to college four days each week and has been going for more than a year. He is very confident of success in his exams in June this year.



Martin enjoys going to Robinson Pool where he swims and also uses the gym. He is a keen Manchester Utd supporter and likes to play football games on his Playstation.



Joe goes to college twice a week. He enjoys art most of all and is very good at painting trees. Joe goes to the library on Fridays and, like Martin, enjoys his favourite hot chocolate at Cafe Bliss.



Prayers on Autism Sunday

People of all faiths are planning to mark Autism Sunday on the 8th of February. If you want to attend a place of worship and need any help with this please ask your support worker.



There are many interesting subjects you can choose to study at college. You can choose subjects that will help you learn new skills and also subjects that can help you enjoy a hobby more. If you would like to go to college please talk to your Support Worker who will get all the information for you.

Oakley & Peterborough drama groups thrill audience again



On Friday the 23rd of January the Oakley & Peterborough drama groups presented another superb performance that was enjoyed by an audience of nearly 100.

First onto the stage were the Peterborough drama group who performed their version of *Oliver!* Toni and Katie wowed the whole audience as Oliver and Nancy, and were supported by a brilliant cast from Acacia and Cardinals Gate that included Darren, Gary, John, David, Robert and Maz.



The audience was then entertained by the Oakley drama group with a performance of *Emmerdale - The X-Factor*. Barry hosted the show as Simon Cowell, with a great supporting cast from Aspen, Oaklands and Magnolia that included Karen, Robin, Fred, Joy, Sarah, Theresa, Rita, Sue and Katie.



Happy holidays

Many of you are looking forward to holidays this year. Are you going somewhere special? If you want to share it with others just send us your photos so they can be included in the next issue of the newsletter.



Halloween party 2008



Art competition for Snoezelen

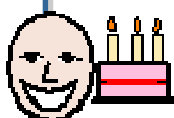
If you like painting you could win a great prize and have your picture displayed at Snoezelen.

To enter just create a painting on the theme of **SPRING**. It could be a landscape, spring flowers or anything else that reminds you of spring.

The closing date is the 12th of March. Entries will be judged at Care Solutions Group head office on the 16th of March by Amy Andrews. The winner will be announced during that day.

The individual who creates the winning picture will win an art kit worth £20. The winning entry will also be framed and displayed together with all other entries at Snoezelen.

60th birthday surprise for Daphne



Daphne from Brambling Way celebrated her recent 60th birthday in style. After a wonderful party at Brambling Way on Saturday 17th of January, which was attended by nearly 30 of her family and friends, Daphne was given a fantastic surprise.



Her niece had arranged a surprise holiday to Spain for Daphne to visit her brother! Everything had been organised for her and Daphne flew to Spain the next morning. Daphne said, "Thank you everyone for making my 60th birthday so special."